



SLOVAK RED CROSS, TERRITORIAL ASSOCIATION OF KOŠICE - CITY

Annual Report for 2019

In Košice on 25.1.2020

Dear volunteers, supporters and everyone else

Throughout 2019, the Slovak Red Cross commemorates its significant anniversary - 100 years since the founding of the Czechoslovak Red Cross.

On February 6, 1919, the first company of the Red Cross of Czechs and Slovaks was established - the Czechoslovak Red Cross. Its president was Alica G. Masaryková, the daughter of Czechoslovak President Tomáš Garrigue Masaryk, who was also the honorary president of the Czechoslovak Red Cross.

In a letter to Alice T.G. Masaryk wrote: *"Recognizing the need to build a central organization of the Czechoslovak Red Cross for the whole republic, I appoint you the President of the Czechoslovak Red Cross, and I entrust you to immediately do everything necessary to organize this institution and to allow the Czechoslovak Red Cross to begin and operate immediately and make contact with the international organization of the Red Cross on the basis of the Geneva Agreement and additional international agreements. "*

Every year, the Slovak Red Cross tries to organize various activities in order to highlight the unique role that belongs to the Red Cross. The International Red Cross and Red Crescent Movement has been helping millions of people to ease their suffering through humanitarian action for more than 150 years.

We always provide help in accordance with seven principles - humanity, impartiality, neutrality, independence, voluntariness, unity and universality. All activities are carried out by irreplaceable and unique volunteers, members of Local Associations, members of the Youth movement, blood donors, dedicated employees of the SRC ..., with the kind support of sponsors, supporters and media....

Thank you all from the bottom of my heart, not just for myself, but especially for all the people who have been given a helping hand, which perhaps changed a few lives for the better, eased their suffering, found a way out of a crisis situation, or conjured a smile on a sad face.

Yours sincerely

Ing. Zuzana Jusková, MBA, director of SRC, territorial association Košice - city

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1 Slovak Red Cross (SRC), Territorial Association of Košice - City (ÚzS)

Seat: Komenského 19, 040 01 Košice

Contact: tel. 055/62 222 05, kosice@redcross.sk, www.kosice.redcross.sk

Function:

SRC is an independent legal organization. It operates in accordance with Act No. 460/2007 Coll. on the Slovak Red Cross and on the protection of the emblem and name of the Red Cross and on the amendment of certain laws.

Mission and tasks of the SRC :

The basic mission of the SRC is to prevent and alleviate the suffering of people regardless of nationality, language, race, gender, religion, political beliefs and social status. The tasks are defined by the SRC Act, the SRC Statutes and the Strategy approved by the SRC Assembly. The plan of activities for individual years is approved by the territorial council.

Principles of Red Cross

The SRC is guided by the principles of the Red Cross and Red Crescent Movement: **humanity, impartiality, neutrality, independence, voluntariness, unity, universality.**

For the period 2017 - 2020, the Territorial Assembly elected members of the Territorial Council of the Territorial Association SČK Košice - city, the chairwoman of the Territorial Council MUDr. Iveta Marinová, MBA, MPH, Vice President MUDr. Katarína Strmenská MPH, members of the Supervisory Board and its chairman Mr. Miroslav Ogurčák.

Territorial Council of ÚzS SRC Košice - city elected for the period 2017 - 2020

President	MUDr. Iveta Marinová, MBA, MPH
Vice-President	MUDr. Katarína Strmenská MPH
members	MUDr. Daniela Ogurčáková PhDr. Angelika Prevozňáková MUDr. Katarína Sedliaková

The meeting of the Territorial Council of the ÚzS SČK Košice - mesto took place 3 times in 2018 (21.2., 5.9., 21.12.2019).

Control Board of ÚzS SRC Košice - city for the period 2017 - 2020

The President	Miroslav Ogurčák
members	Ing. Janka Rajňáková Jozefína Forišová

3 meetings of the control board of the territorial association were held.

Director of ÚzS SRC Košice – city Ing. Zuzana Jusková MBA

Chairwoman of the Youth movement Diana Katonová

Number of employees: 26

2 Local associations

Territorial association SRC Košice - city consists of: 49 registered local associations with **XY** members. Membership is voluntary and carries both rights and obligations. Members agree with the seven principles of the Red Cross and Red Crescent .

	Title	The President	The address
1.	District Kavečany	Margita Hrabinská	Vyšná 6, 040 01KE - Kavečany

		Božena Plichtová	No. 146, 040 01 KE - Kavečany
2.	District Ťahanovce	Ing. Janka Rajňáková	City district Košice Ťahanovce, Americká trieda 15, 040 13 Košice
3.	City District Barca	Mária Kmecová	Osloboditeľov 9, 040 17 KE-Barca
4.	City District Šaca	Ing. František Deák	Železiarska 9, 040 15 Košice- Šaca
5.	City District Krásna nad Hornádom	Ing. Peter Tomko Marta Petrušová	Opátska 18, 04018 Košice-Krásna nad Hornádom
6.	I. KAIM FNŠP, Trieda SNP 1	PhDr. Iveta Damankošová	Poľovnícka, 040 11 Košice
7.	L. Pasteur University Hospital Košice	Zuzana Dancsáková	Pokroku 16, 040 11 Kosice
8.	Railway hospital with polyclinic Košice	PhDr. Renáta Šiňanská	ŽNsP Masarykova 9, Košice
9.	NTS SR, workplace Košice	Bc. Katarína Búriková	NTS SR, workplace Košice, Class SNP 1, 040 11
10.	Children's ambulance polyclinic Juh	MUDr. Katarína Sedliaková	Rastislavova 45, 04001 Košice
11.	Regional Office of Public Health with its seat in Kosice	MUDr. Veronika Tarkovská Podpr. Jana Kollárová	Ipeľská 1, Košice
12.	Košice cynological rescue brigade	Kamil Jeremiáš	Košice Kennel Rescue Brigade, Žižkova 27, 04001 Košice
13.	Fábry Elementary School	Mgr. Zuzana Tomčíková	Fábryho ul.44, 040 22 Košice
14.	Elementary school J. Urbana, Jenisejská	Mgr. Lucia Prónerová	Elementary school Jozefa Urbana, Jenisejska 22, 040 12 Košice
15.	Elementary school Gemerská	Mgr. Iveta Čintalanová	Elementary school Gemerska 2, 040 01 Košice
16.	Elementary school Abovská	Mgr. Beáta Janečková	Elementary school Abovská , 040 17 Košice - Barca
17.	KVP Elementary school Janigova	Mgr. Mária Pavlisová	Janigova 2, 040 23 Košice
18.	Elementary school Lechkého	Mgr. Agáta Bérešová	Street of John Paul II. 040 23 Košice
19.	MS SRC at the joint school of St. Košice martyrs	Zdenka Krajňáková /RNDr. Adriana Bariová/	Čordáková 50, 040 23 Košice
20	Kežmarská 28	Mgr. Jarmila Šefčíková	Class SNP 8, 040 11 Košice
21.	Bernoláková 16	Mgr. Iveta Frankovičová	Bernoláková 16, 040 11 Košice
22.	Elementary	Mgr. Zuzana Kočíková	Elementary school Park Angelinum 8, 042 15 KE

	school Park Angelinum		
23.	SZŠ Moyzesova	MUDr. Viktória Hamráková	SZŠ Moyzesova 17, PO BOX C - 46 041 76 Košice
24.	SZŠ sv. Elizabeth	PhDr. Anna Lengyelová, PhDr. Eva Lakatošová	SZŠ Mäsiarska 25, 04 01 Košice
25.	SZŠ Kukučínova	PaedDr. Dáša Šusterová	SZŠ Kukučínova 40, Košice
26.	Secondary technical school dopravná	Ing. Magdaléna Timková	SPŠ dopravná, Hlavná 113, 040 01 Košice
27.	Vocational school Alejová	Mgr. Diana Veselská	Alejova 6, 040 11 Košice
28.	Secondary vocational school automobilová	Mgr. Mária Korečková	Moldavska 2, 040 01 Košice
29.	Secondary vocational school Ostrovského	p. Mereiderová	SOŠ Ostrovského 1, 040 01
30.	Grammar school Šrobárova	Mgr. Martina Fabriciová	Bauerova 28, 040 23 Košice
31.	Grammar school MR Štefánika	Mgr. Ľubka Fedorová	U.S. L. Novomeského 4, 042 24 Košice
32.	Grammar school Poštová	RNDr. Zuzana Kovařová	G Poštová 532/9, 040 01 Košice
33.	Grammar school of St. Thomas Aquinas	RNDr. Jana Jačšurová	GTA Zbrojnicna 3, 04001 Kosice
34.	Grammar school Trebišovská	Miroslava Gergeľ Čechová	G Trebišovska 12, 040 11 Košice
35.	Grammar school Alejová	RNDr. Timea Krajňáková Ľubomíra Marczellová	G Alejová 1, 040 11 Košice
36.	Grammar school Park Mládeže	Mgr. Eliška Oceľáková	Youth Park 5, 040 01 Košice
37.	Evangelical grammar school of J.A.Komenský	Mgr. Hedviga Turčeková	Škultétyho 10, Košice
38.	Business Academy, Watson's	Representative Katarína Kleinová	OA Watsonova 61, 04001 Košice
39.	Secondary vocational school Gemerská 1	RNDr. Lívia Slatinská	Gemerská 1, Košice
40.	Secondary vocational school Bocatiova	Psychologist Rusinová	soš Ostrovského 1, 040 01 Košice
41.	School Dormitory A. Garbana Werferova	Ing. Mária Bujňáková	Dénešová 55, 04023 Košice
42.	School Dormitory Medická 2	Anna Šemoradíková	ŠI Medická 2, 04011 Košice

43.	Transport company of the city of Košice, as	Jozefína Forišová	DPmK Bardejovská 6, 043 29 Košice
44.	Home of social services SRC Košice	Mgr. Martina Repejová	Komenského 19, 040 01 Košice
45.	ALMED Košice	MUDr. Daniela Ogurčáková	Lichardova 29, 04001 Košice
46.	Private grammar school FUTURUM	Stella Kapitančíková	Grešáková 1, 040 01 Košice
47.	Pre-school at the Košice- old town district	MVDr. Mgr. Viera Fábryová	Hviezdoslavova 7, Košice
48.	Pre-school pri FPT Slovakia s.r.o.	Mgr. Monika Tarhaničová	Južná trieda 6, 040 01 Košice
49.	Pre-school at OD Tesco	Magdaléna Harčariková Mirko Liba	Cesta pod Hradovou č.15, Kosice

- **Awards - commemorative plaque of doc. V. Krišľa**, on the occasion of the World Red Cross Day in the Primational's Palace in Bratislava was received **by Mrs. Božena Plichtová** - President of the Local Association in Kavečany.
- **Establishment of new Local Associations** : FPT Slovakia as, Old Town District
- **Grant for local associations 2019** - ÚzS Košice city announced a grant call No. 3 for local associations in order to support the activities of local associations in accordance with the principles of the SRC. Information on supported grant projects has been published on our website.
The local association at Grammar school Alejová was supported - with the purchase of a first aid kit, the purchase of T-shirts and pens for members with the SRC logo, the implementation of events on the occasion of World First Aid Day and so was the local association of the Kavečany district -by the purchase of books and refreshments. The supported project in 2019 totaled EUR 200.
- **Kaufland food package** - in cooperation with local associations, 13 packages were distributed to families in need.
- **Kaufland food collection** - the collection was carried out by members of local associations and the Youth movement. The storage and distribution of food took place on the premises of the SRC and local associations and so did the subsequent handover of food to recipients from socially disadvantaged backgrounds. 123 food packages were prepared and handed out.
- **On December 4, 2019, a meeting of 17 presidents and representatives of local associations took place.** The activities implemented in 2019, the grant call for local associations, the offer of courses and rehabilitation services and the goals for 2020 were discussed...
- **The awarding of blood donors** was carried out independently by the local association Kavečany, during which they awarded 12 non-contributory blood donors.

- Members of 31 local associations prepared and handed over a "**traveling letter for the Red Cross**" to the territorial association on the occasion of the 100th anniversary of the establishment of the Czechoslovak Red Cross , where they wrote down their findings, memories, stories, thanks
- SRC financial collection (Tesco, Kaufland) - 4 local associations SRC- Secondary medical school Kukučínova, Secondary medical school Moyzesova, Dormitory Medická 2 and Home of social services SRC Košice - city took part. A total of 253.79 euro was collected.

3 Activities of SRC ÚzS Košice - city

3.1 Volunteering

Volunteering is one of the seven principles of the Red Cross and Red Crescent. Volunteers are the main pillar of the SRC, they participate in all activities of the SRC Territorial Association Košice - city. The participation of volunteers from local associations and the general public forms a significant part of the SRC's activities: in supporting blood donations, first aid, social work, humanitarian activities; and work with children and young people. **In 2019, 57 Contracts on Volunteering were concluded. In 2019, there were 85 active volunteers (of which 41 contractual and 44 non-contractual), who worked a total of 2,123 (1957 + 166) hours.** The contribution of these people to society is invaluable and incalculable.

57 volunteers completed a first aid course lasting 8, 16 or 33 hours, training of mock situations in providing first aid. Part of the education of volunteers is also the history and present of the SRC.

The Košice - City Territorial Association **received a certificate, obtaining the quality mark "We know it with volunteers"** from the Platform of Volunteer Centers and Organizations for a period of 3 years.

A group of ten volunteers from the Territorial Association of SRC Košice - city **received the Heart on the Palm 2019**, award for persistent volunteer work in education in the field of first aid, HIV / AIDS prevention, and work with the elderly. This year's regional appreciation of the Heart on the Palm took place on November 28, 2019 in Spišská Nová Ves, which was organized by the Volunteer Center of the Košice Region.

As part of **the Volunteer Week**, announced by the Volunteer Center of the Košice Region, we prepared activities in which 12 students, volunteers and teachers took part. The following activities were carried out: cleaning of the SRC building, cleaning of Social Services Home premises, painting of garden furniture, exterior work in the garden of the SRC building, building a pond in the yard.

Volunteers were actively involved in **first aid presentations** at various events and also at the request of organizations such as:

- European emergency number 112 day
- Make the holidays green
- Young lifeguard
- Košice to the pedals!

- A mile for mom
- Good trolleybus
- Workshop SRC- 100 years anniversary
- Motomeet Čermel'flower 2019
- Give priority to life
- European Road Safety Day
- First aid on Slovak roads
- First aid in traffic accidents
- World First Aid Day
- Experiential presentations of first aid in kindergartens, primary and secondary schools
- Children's railway
- Family day in Kavečany
- City District South Open Doors Day
- ESET, s.r.o.
- AV mobility
- Ear - The world of design
- Sports Day - Social Insurance Agency
- Virvar - a festival for children and families
- Center for children and families Košice

In May, we participated with volunteers in the event of the city of Košice " **Good trolleybus** ", where the activities of SRC were presented to passengers during trolleybus rides.

On 6.-19. May, the nationwide **collection of the SRC** took place. In Košice, volunteers collected the amount of 438.92 euro. 27 volunteers from local SRC associations at Secondary medical schools Moyzesova 17 and Kukučínova 40, Dormitory Medická 2, also from Home of Social Services City Territorial Association SRC Košice-city and Youth of SRC took part. The funds were used to improve the services of the Home of Social Services for Children and Youth with Disabilities, the activities of local associations and the SRC Youth.

It has become a tradition that the **Open Doors Day of the City Territorial Association SRC Košice - city (ODD)** takes place on the first Sunday in October during the International Peace Marathon. On October 6, 2019, visitors to our SRC House noticed that the ODD also took place on the occasion of the Czechoslovak Red Cross 100 year anniversary.

Visitors thus learned about the 100-year history of the Czechoslovak Red Cross and the activities of our Territorial Association of Košice - a city focused on health, social and educational issues. They visited our premises and learned about our services - Home of Social Services, canteen, specialized social counseling, rehabilitation services, education in multimedia classrooms.

Our young people showed first aid demonstrations to passers-by and offered them a short knowledge quiz. The braver ones could try resuscitation on a manikin and found out it is nothing to be scared of. At other locations, students from the Kukučínova Secondary Medical School measured sugar levels, blood pressure and provided practical advice in a health counseling center. Students from Secondary Medical school Moyzesova demonstrated how to properly perform dental hygiene . Volunteers from the Association of Medics of the City of Košice presented demonstrations of self-examination of testicles, breasts on manikins-

prevention of breast and testicular cancer, informed about the prevention of skin cancer, sexually transmitted diseases and others.

There was also interest in screening eye examinations or presentation of optical and compensatory aids for visually impaired people provided by the Union of the Visually Impaired and the Blind in Slovakia, a health counseling center - Regional Office of Public Health based in Košice. VŠZP employees informed about health prevention.

Not even this year's ODD could go without face painting for the little ones and small snacks in the canteen. Due to the unfavorable weather, there was a great demand mainly for hot tea, which we offered at the entrance to our SRC House. Guests could have fun in the creative workshop, at the photo booth, where they had the opportunity to take a fun photo in the photo shop with the SRC logo. The program also included accompanying events and various activities related to them, such as: creative workshops, an exhibition of works of art by artists from the mental health rehabilitation center Facilitas, n.p.o. Košice, but also a tour of the Home of Social Services - Snoezelen premises.

They also had the opportunity to see the areas where rehabilitation is provided and also to see demonstrations of massages, SM system and taping. Visitors also had the opportunity to visit the counseling center, which provides free specialized social counseling for people with disabilities or unfavorable health conditions and their family members.

In our SRC House and its premises guests were accompanied and informed about our activities by our employees and volunteers.

Awarding of blood donors and volunteers took place on 14.11. in the East Slovak Gallery and 5 volunteers / 25 volunteer hours, helped in the organization of this event.

3.2 First aid

First aid (FA) is one of the main activities of SRC Territorial Association Košice - city. Basic skills, raising awareness, raising awareness of first aid through accredited courses, experiential courses, demonstrations of first aid at public events, and during first aid competitions. To increase quality, we purchased an AED and 2 fully equipped medical backpacks.

- **First aid presentations for city districts:** District of Košice - South „Open Doors Day“, District of Košice - West „Presentation of FA for organizations“
- **From 21 to 22 June 2019, a nationwide competition of first aid teams in the provision of first aid** took place in Poprad - **MUDr. Vladimír Harinek memorial**. The Slovak Red Cross, a territorial association of Košice - the city, was represented by two junior teams under the age of 18. They placed second and third in the junior category.
- **July 11 - First aid on Slovak roads.** The SRC has joined the initiative and call of the European Charter on Road Safety with the aim of reducing the number of victims in traffic accidents by educating the public from the ranks of drivers directly in the field. In cooperation with the Police Force of the Slovak Republic, the volunteers tested the practical skills and knowledge of drivers in the field of providing first aid. Four volunteers addressed 17 drivers during the day, of which 7 drivers performed

resuscitation correctly, 8 incorrectly, 2 drivers refused to perform it. 17 drivers' first-aid kits were checked, of which 13 were correct and fully equipped, 4 were unusable. The event was successful, despite the less favorable weather.

- **September 13 - "First aid in traffic accidents"**. On the occasion of the World First Aid Day in cooperation with the Police Force in Košice, we prepared a preventive action aimed at verifying the level of knowledge of motor vehicle drivers in the provision of first aid in the event of injuries caused by traffic accidents.
<https://sk-sk.facebook.com/policiaslovakia/>
- **The medical assistance service** was provided at 19 events and was provided by 44 medical assistants. A total of 392 hours were worked.

Education and training in the field of first aid in schools

The SRC introduces the basics of first aid to children at an early age - in kindergartens it is an explanation of the simplest procedures in a playful way. Elementary school students and high school students are gradually deepening and expanding their knowledge and skills in providing amateur FA - but always in an interesting, simple and tailor-made way.

We provide schools with inspiration for the development of work with children and youth, experiential courses and FA workshops, methodological and information materials, consultations, exchange of experiences with other schools, information support, consultations at Students' Professional Activity, bachelor's and master's theses, activities to support youth participation, active citizenship.

Education and practical training of FA in kindergartens: 97 volunteers worked 139 volunteer hours for children from Private pre-school Jegorov square 5, Private pre-school Stará Baštová, Private pre-school Abovská 1, Private pre-school Tatranská, pre-school Smetanova 11, pre-school Kmeťova 23, Private pre-school Tatranská, pre-school Park Angelinum 7, pre-school Humenská 51

Education and practical training of FA at primary schools: 29 volunteers worked 35 volunteer 63 volunteer hours for pupils from Janigov Elementary School, Čakanovce Elementary School, Požiarnicka 3 Elementary School, Krosnianska 2 Elementary School, Private Elementary School Slobody 1, Elementary School Bukovecká, Joined school Vojenská 13, Elementary School Hroncova 23, Elementary School Kežmarská 28, Elementary School Michalovce

Education and practical training of FA at secondary schools: 27 volunteers worked 68 volunteer hours for students of Joined school Opatovská 101, Private grammar school Dneperská, School of Applied Arts Jakobyho 15, Grammar School MRŠ L. Novomeský Square 4, Private Secondary School PAMIKO, Kukučínova 23, Business Academy Polárna 1, Private Grammar school FUTURUM Grešákova 1, Secondary School J. Szakkayho Grešákova 1, Grammar school Trebišovská

- On October 23, 2019, our Territorial Association Košice - the city was visited by **Červenáčik - children from the pre-school on the street Budapeštianska 1**, where they work as the youngest children's volunteer patrol of young rescuers.

On the occasion of the 100th anniversary of the founding of the SRC, together with the teachers, they handed us a hand-made book with photographs capturing the "Red Cross" activities of Červenáček in spreading awareness of volunteering and help, donations, as well as health protection and cooperation with the Slovak Red Cross.

- **Implementation of a first aid project at primary schools financed by FPT SLOVAKIA JSC.**

"Valentine's Day" grant for elementary schools with planned activities from 1.10. - 21.12.2019

No.	School - supported projects	The realization date	No. of students participated	Number of requested workshops (w)	Number of requested books	Amount approved in €
1.	Elementary school Požiarnická 3	8.10.-17.12.	68	4	1	158€
2.	Elementary school Hroncova 23	9.10.-12.12.	230	10	1	422€
3.	Elementary school Kežmarská 28	10.10.-18.10.	60	4	-	120€
	Grant allocation amount					700 €
	Total price of supported projects					700 €
	Total price of submitted projects					3 140 €

- **On May 29, 2019, a city-wide competition was held in the provision of first aid for teams of young health professionals of I. and II. degree (DMZ I., DMZ II.)** in the premises of the Požiarnická elementary school in Košice. **21 teams** entered the **competition** - 12 primary schools, 1 local association at the primary school and 2 eight-year grammar schools.

The young medics at the theoretical site tested their knowledge of the Red Cross and Red Crescent Movement, SRC and the non-contributory blood donation. At practical stations, they tested their skills in 3 model situations with figurants in the presence of judges.

Results of the DMZ I competition.

1. place elementary School Požiarnická 3
2. place Local Association at Kežmarská Primary School 28
3. place elementary School Gemerská 2

Results of the DMZ II competition.

1. place elementary School Kežmarská 28

2. place elementary School Park Angelinum 8
3. place elementary School Gemerská 2

- **On 30 May 2019, a city-wide competition in the provision of first aid was held for youth first aid teams (DPP M)** in the premises of the Požiarnická primary school in Košice. **14 teams** entered the **competition** - 11 secondary schools and 2 local associations at the secondary school.

The young people at the theoretical position tested their knowledge of the Red Cross and Red Crescent Movement, SRC and the non-contributory blood donation. At practical stations, they tested their skills in 3 model situations with figurants in the presence of judges.

Results of the DPP M competition

1. place Grammar school Poštová 9
2. place Evangelical grammar school of J.A. Komenský
3. place Secondary medical school of st. Elizabeth

3.3 SRC Youth

The activities are listed in a separate Report on the Activities of the Youth of the Red Cross Košice - City . Members of the Youth also took an active part in all the activities listed in the FIRST AID section.

Name of the project	Number of meetings	Number of attendees
Dorotka and her friends	19	293
HAP - training for secondary schools	9	411
3P - training of head teachers and team captains - first aid competition	0	0
completion of the TFT / Training For Trainers Course, place: Hutý	1	1
Together we can do it (facility for seniors in Barca - VIA LUX)	4	56
Youth Council in Terchová	1	1

Preparation and participation of young people in the **Memorial of MUDr. Vladimír Harinek** - nationwide competition in providing first aid in the junior category and adult category, Place: Poprad. In the junior category, our youths placed 2nd and 3rd.

From March to November, the project "Together we can do it " took place - creative workshops and presentations of first aid for seniors led by volunteers from the Youth movement took place in the VIA LUX facilities for the elderly.

Project DOROTKA and her friends - first aid for preschool children implemented during the school year. Every month, children and a member of the Youth solve the problems of the imaginary Dorotka, who needs help:

Stará Bašťová Pre-school, Jegorov square Pre-school - from January to June 2019
Private Pre-school Tatranská 10, Pre-school Smetanova 11, Pre-school Park Angelinum 7 -
from September to December 2019

In December, members of the Youth, in cooperation with the Association of Medics in the city of Košice, organized the HIV / AIDS **Candlestick March** - Prevention and Fight against AIDS on the occasion of World AIDS Day.

3.4 Non - contributory blood donation

- In February, together with NTS Košice, we organized a mobile blood donation called "**Janigovska blood drop**", which took place at the Janigova 2 primary school in Košice. During the mobile donation, which took place on February 5, 2019, 20 donors donated blood, including 12 first-time donors.

- **VALENTINE'S BLOOD DROP® 2019 "Love has many forms"**

14.2. – 21.3.2019

In Košice, together with local associations, schools, student boarding councils and other organizations, we organized 12 mobile donations and 8 joint donations. The students of the Trebišovská Grammar School hosted the Valentine's blood drop. We contacted 3,055 donors, 2,465 donated blood and there were more than 463 first-time donors. The campaign was completed by students from Secondary vocational school Automobilová by mobile donation. Although the Valentine 's blood drop is over, mobile donations continue at the Local Association at Fpt Slovakia, the Hotel Academy and the Secondary School of the Police Force in Košice in March - April.

Valentine's blood drop mobile and joint donations:

- 14.2. Grammar school Trebišovská 12 / mobile donations
- 26.2. Faculty of Public Administration UPJŠ / mobile donation
- 26.2. Secondary School of Agriculture and Rural Services + Civic association ADRA / mobile donation at Tajovského 8
- 26.2. Dormitory Medická 2 / joint donation
- 27.2. Secondary technical school elektrotechnická + Alejová / joint donation
- 4.3. Grammar school Šrobárova 1 / mobile donation
- 5.3. Dormitory Jedlíkova 9 / mobile donation
- 7.3. Secondary medical school Moyzesova 17 / joint donation in NTS
- 8.3. Secondary vocational school Bukovecká 17 / joint donation
- 11.3. DPMK, Bardejovská 6 / mobile donation
- 11.3. Dormitory Medická 2 / joint donation in NTN
- 13.3. Dormitory Jedlíkova 5 / mobile donation
- 15.3. District Krásna / mobile donation in Krásna
- 18.3. Secondary vocational school Bocatiova / joint donation
- 19.3. Secondary technical school stavebná a geodetická, Lermontovova 1 / mobile donation
- 19.3. Evangelical grammar school of Ján Amos Komenský, Škultétyho 10 / mobile donation
- 19.3. Grammar school Poštová / joint donation
- 20.3. Secondary vocational school technická, Kukučínova 23 / mobile donation

21.3. Secondary vocational school automobilová, Moldavská cesta 2 / mobile donation

Dormitory Medická 2, joint donation at NTS, Košice: This humanitarian action, announced by the Slovak Red Cross involved 11 students of Dormitory. Six students became successful blood donors along with 3 teachers. Some students donated blood for their school. Other students who did not meet the deadline for health reasons, or for study reasons, will go donate blood separately at a time convenient to them.

<https://www.simedke.sk/index.php/valentinska-kvapka-krvi>

Šrobárova Grammar School, mobile donation on March 4, 2019: This year's Valentine's blood drop was started by the Slovak Red Cross under the motto - Love has many forms. The planned mobile donation took place at Šrobárka on March 4, 2019, where 15 successful donors showed their form of love, of which 6 were first-time donors. Many thanks not only to all donors, but also to the willing students who took part in this great event, as well as to the kind staff from NTS. We are already looking forward to the Student Drop of Blood 2019.

<https://www.srobarka.sk/valentinska-kvapka-krvi-2019-3/>

District - Krásna, mobile donation on March 15, 2019: Krasňanská drop of blood 2019

Blood donation is a highly humane act by which a healthy person can help sick people, people after an injury, premature babies or during urgent operations. The Krasňanská drop of blood event is regularly held in our part of the city, the aim of which is to motivate people to do good. This year, the mobile donation took place on March 15 in the manor house, in cooperation with the National Transfusion Station in Košice and the Regional Association of the Red Cross Košice-City. 17 regular donors came to donate life-saving blood of incalculable value. Unfortunately, one donor had health concerns that prevented him from doing this godly activity. We express our sincere thanks to all donors for deciding to come and donate an irreplaceable fluid - blood. We thank the co-organizers for their professional approach and the successful course of the event. We are already looking forward to the next Krasňanská drop of blood, which will take place on September 12, 2019 again in our manor house.

Alongside the Valentine's blood drop, the campaign Give a little with Kaufland took place.

On February 20, 2019, blood was donated by 17 Kaufland employees from the Košice and Michalovce branches at the hematology-transfusion department in Šaca / US Steel entrance area. 5 workers donated blood for the first time.

Valentine's blood drop 2019 SRC ÚzS Košice - city

workplace	number of donors addressed	number of unsuitable blood donors	the number of donors who donated	number of first-time donors	number of drives	involved SRC employees
NTS, Košice	2556	98	2071	401	22	1
HTO, Šaca	499	43	394	62	3	1
together:	3055	141	2465	463	25	1

- **Mobile collection at the Hotel Academy**

In April, together with HTO, Šaca, we organized a mobile blood collection, which took place at the Hotel Academy, Južná trieda10 in Košice. During the mobile donation, which took place **on April 2, 2019**, 22 donors donated blood, of which 13 were first-time donors and 3 donors were discarded.

- **Mobile donation at the Secondary School of the Police Force in Košice**

In cooperation with NTS, Košice, on **April 10, 2019**, we organized a mobile donation at the Secondary School of the Police Force in Košice at Južná trieda 50 in Košice. The mobile donation was attended by 36 people, of which 18 were first-time donors and 4 were unsuitable.

- **Awarding of donors in the Kavečany district**

On Friday, May 3, 2019, awarding of regular non-contributory blood donors took place in the Kavečany district. The program was enriched by children from the Kavečany kindergarten. We awarded 8 BJP, 3 SJP and 1 gold JP to donors.

Foto: <http://kosice.redcross.sk/galerie/ocenovanie-darcov--kavecany-2019>

- On **June 14, 2019**, awarding of bronze and silver donors took place at the Košice - City Territorial Association in the House of the Slovak Red Cross, Komenského 19, Košice. A total of **91 BJP donors, 54 SJP and 6 ZJP and 1 DJP** were awarded. At the awards ceremony, 15 donors received the bronze Janský plaque and 14 blood donors received the silver Janský plaque. As some donors couldn't attend, they received the plaque the next day and we mailed the remaining ones to donors.

- On 14.6. at 6:00 p.m. **thanksgiving mass for blood donors** was served by Mons. Alojz Tkáč, Archbishop Emeritus of Košice and holder of the diamond Janský plaque at 6 p.m. in the Dome of St. Elizabeth in Košice.

- **STUDENT BLOOD DROP 2019 - 25th year - "Be brave and donate blood"**

7.10.2019 – 8.11.2019

In Košice, together with local associations, schools, student boarding councils and other organizations, we organized 11 mobile donations and 3 joint donations. The student drop of blood event was opened by students - university students from the Dormitory Jedlíková 11. We contacted more than 3,000 donors, 2,165 donated blood and almost 400 were first-time donors.

Mobile and joint ŠKK donations:

3.10 Dormitory Jedlíková 11 / mobile donations

9.10 Hotel academy / mobile donations

10.10 Secondary vocational school Technicka / Mobile donations

15.10 Dormitory Medická 2 / joint donations in NTN

24.10 Secondary medical school Moyzesova / joint donations in NTN

29.10 Šrobárova Grammar School / mobile donations

5.11. Evangelical grammar school of Ján Amos Komenský, Škultétyho 10 / mobile donations

5.11 Dormitory Medická 2 / joint donations

- 6.11 Grammar school of St. Edita Stein / mobile donations
 7.11 Grammar school of St. Thomas Aquinas / mobile donations
 11.11 Dormitory Jedlíkova 9 / mobile donations
 12.11 Secondary technical school stavebná a geodetická / mobilný donations
 14.11 Secondary technical School automobilová/ Mobile donations
 22.11 Business Academy, Watson / Mobile donations

NTS SR									
SRC territorial association	number of donors addressed	number of donors who donated	number of first-time donors	number of drives	works hop	simul. donation	involved SRC employees	involved SRC volunteers	number of volunteer hours
Košice - city	number of high schools: 55, universities: 16, local associations: 48	1840	329	22	0	0	3	21	63

HTO									
SRC territorial association	number of donors addressed	number of donors who donated	number of first-time donors	number of drives	works hop	simul. donations	involved SRC employees	involved SRC volunteers	number of volunteer hours
Košice - city	number of high schools: 55, universities: 16, local associations: 48	325	70	3	0	0	3	9	27

On the occasion of the celebrations of the "100 years" since the establishment of the Czechoslovak Red Cross, a ceremonial handing out of plaques of MUDr. Ján Janský, MUDr. Ján Kňazovický and Acknowledgments for many years of support and cooperation was held. The invitation was accepted by representatives of the city, region, mayors of city districts, insurance companies, schools or volunteers.

A total of 84 blood donors were awarded.

KM - 14/0 m / f

DJP – 14/4

ZJP – 24/8

SJP – 9/2

BJP -6/3

Through few short videos, five blood donors who are holders of a diamond plaque or medal of MUDr. Kňazovický told us a few words about themselves and why they started donating blood.

13 thanks were given for long-term support and cooperation to schools, local associations and volunteers. Among them was Mr. Jozef Cap, who is one of the long-term blood donors with 149 donations.

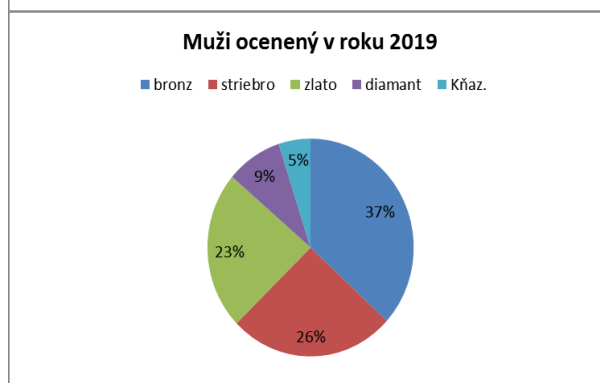
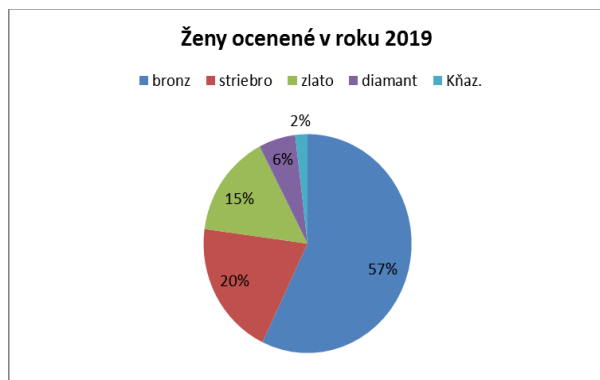
The culture program was prepared for this occasion by the Conservatory, Timonova 2, Košice - violin trio and saxophone quartet.

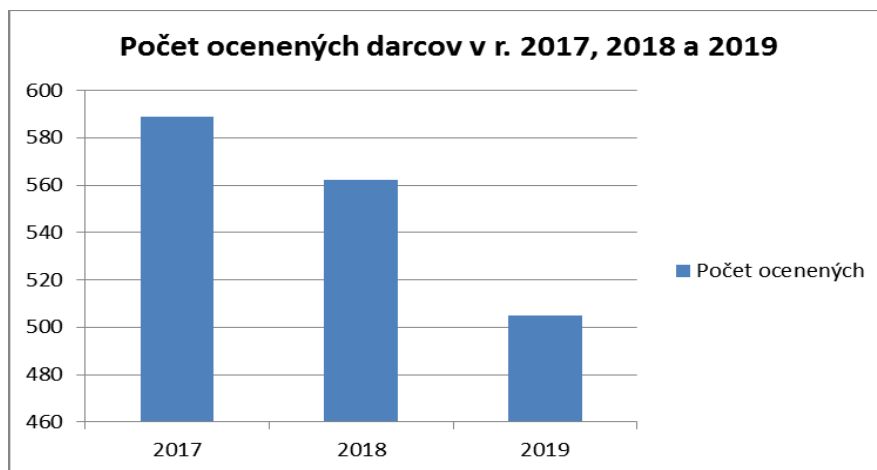
On this occasion, the exhibition of works by students of the Department of Design TUKE on the topic "100 years of the Czechoslovak Red Cross" took place.

Part of education on blood donation in primary and secondary schools are discussions / workshops about news, procedures, instructions for the organization of blood donations, lessons for donors ...

	2019		
together awarded			
Plaque / medal	M	F	together
bronze	147	60	207
silver	104	21	125
gold	94	16	110
diamond	35	6	41
Kňaz.	20	2	22

together: 505





3.5 Education - courses

- **First aid**

During the year, we organized **92 first aid courses / 1308 participants** - for companies, the public, pupils, students, teachers, specialized workplaces and drivers. The course was also provided free of charge to Youth members, volunteers, teachers, pupils and students participating in the first aid competition. We place emphasis on practical training and solving mock situations. The courses also include training in the use of an automatic defibrillator. In the range of 8 teaching hours, the course was completed by 599 people, .16 hours was completed by 9 participants and 33 hour course was completed by 19 people. 4 hours first aid course - 34 people, 2 hours first aid course - 647 people.

The SRC is accredited by the Ministry of Labor, Social Affairs and Family (MPSVaR) for a "Care Course" of 226 hours. In 2017, the SRC also received accreditation for the "Child Care Course". We also offer an Advanced Course for Caregivers II., Especially for caregivers in social services facilities.

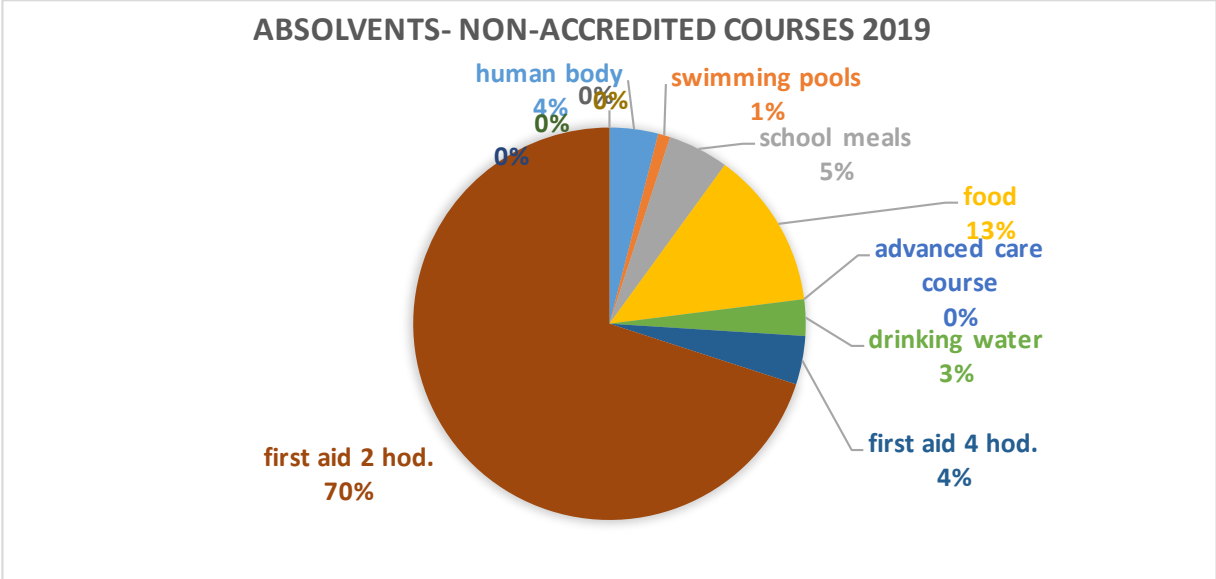
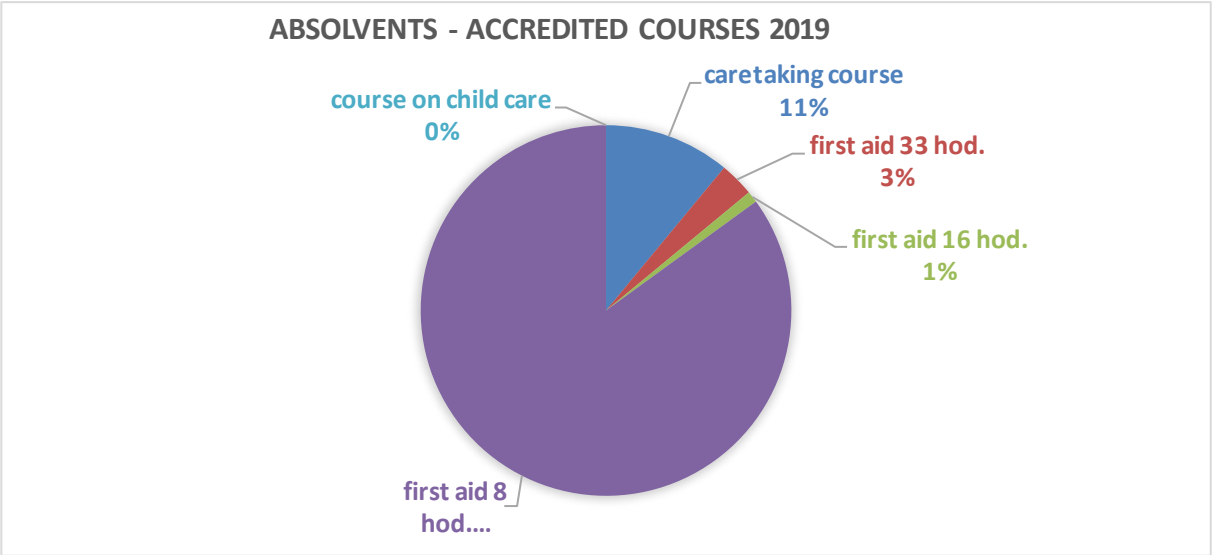
- **Care course - 79 participants / 4 courses.**

Participants have the opportunity to work in the household and in social services facilities. Theoretical and practical training takes place in the classrooms of the territorial association, the practice of 72 hours is carried out in the Arcus social services facility.

- **The child care course - was not implemented** in 2019

- **Protection and support of public health - 20 courses / 242 participants**

In cooperation with the professional guarantor of the Regional Office of Public Health in Košice, we implement courses for employees to acquire professional competence in the food industry; in school meals; in human body care facilities; in swimming pools, indoor pool and sauna facilities; in water treatment plants and operation of water supply facilities. The aim is to prepare and increase the professional level of workers working in an epidemiologically serious environment, thus contributing to the prevention, protection and boost of public health.



4 Social services

We provide services for our clients in the Centre of Care services, which was built with the financial support of the Swiss Confederation. It consists of:

Home of social services - for children and young adults who depend on the help of another natural person,

Canteen - for recipients of social services, for the target group of seniors and also for the public

Specialized social counseling - is free counseling provided by 2 counselors on the basis of accreditation granted by the Ministry of Labor, Social Affairs and Family of the Slovak Republic **for persons with severe disabilities or unfavorable health conditions dependent on the help of another natural person and their family members.**

Comprehensive services are complemented by **physiotherapy** with the **TheraSuit** methodology and the **education of** clients of school age.

Part of a professional team of collaborators are extern doctors MUDr. Anna Kopasová - pediatric neurologist, MUDr. Katarína Šalamonová - pediatrician-physicist; PhDr. Angelika Prevoznáková - psychologist.

4.1 Home of Social Services

Home of Social Services (DSS), outpatient form, capacity:

Average number of contracted recipients of social services: 25, average number of recalculated contracts (8 hours): 22,5

Average DSS occupancy: 19 social service recipients / day

Average payment of the social service recipient: 37.49 EUR / month

Implemented activities with the active participation of DSS social service recipients in social rehabilitation: carnival, snowman building, winter games, exploring Košice and its surroundings, visit to the flower market, Easter product exhibition at the Office of the Košice Self-Governing Region (KSK), open house in DOMKO, let's get to know surroundings - park, Earth day, day full of competitions, Virvar - creative workshops, Let's check our eyesight,, International children day celebrations, graduation ceremony, getting acquainted with public transport, summer Olympics, Let's get to know our city - Barca, Comenius Park, Bocatiova Park, Christmas exhibition of creative works at the KSK Office, Exhibition of masks Cassovia

Throughout the year, we regularly perform canis-therapy - by an accredited therapist. Purchase of therapeutic dog Rex and cat Micka. The allocated class of the Special School on Vojenská Street 13 for 6 compulsory school service recipients is located directly in the DSS. Compulsory internship in DSS is performed by 3 students of the Catholic Secondary Pedagogical School of St. Cyril and Methodius (KSPgŠ), Južná trieda 48, Košice.

On 24 October 2019, the **DSS** was **inspected from the position of the Office of the Commissioner for Citizens with Disabilities** and the fulfillment of the conditions for registration in the register of social service providers from the position of the **Košice self-governing region**. Monitoring the observance of children's rights by the staff of the **Office of the Commissioner for Children**.

Approval and implementation of the snoezelen room - approval of the MPSVaR grant in the amount of 5000 EUR, co-financing 500 EUR.

Realization of workshop on 4.6.2019 for parents - presentation of canistherapy and snoezelen and Therasuit method and also 5.12.2019 - basal stimulation

DSS staff training: supervision, Montessori seminar psychological and psychiatric minimum, help course, Coping with aggression, working with emotions, Specifics of sensory perception in people with autism, Colloquium of case studies, Culture for all, quality standards, Instructor of social rehabilitation in combined form, Seminar Rights of people with disabilities, Preparation of projects, creative workshops with clay, Mental health and meaningful living, snoezelen in theory and practice, art therapy days of the East, art therapy, educational behavioral intervention in working with children ..

The Košice self-governing region, the Ministry of Labor, Social Affairs and the Family co-finance the social services facilities.

4.2 Specialized social counseling

On September 19, the responsible representative for specialized social counseling was changed by the accreditation commission.

Target group: **Citizens with a severe disability or an unfavorable state of health** who have been in an unfavorable life situation due to a severe disability, those who have **relied on the assistance of another natural person and their family members.**

Number of social counselors - 2,00

Social counseling was provided in the Specialized Counseling Center of the Red Cross on Komenského Street no. 19 and also in the field as needed. The Košice self-governing region co-financed the provision of professional social services of specialized social counseling.

The total number of clients - people with severe disabilities in 2019 was 859 (one-time and long-term counseling), provided about 1761 hours.

The most common recurring issues:

- Social dependence on another person to provide for basic needs.
- Problems related to the care of a severely disabled family member.
- Functional and social consequences of severe disability / hearing impairment, mental illness, physical disability.
- Mental experience of one's own disability.
- Problems related to social integration, integration into society, integration into the labor market.
- Problem with providing a suitable social service / care service, facility for the elderly, care service facility, social service home, shelter.
- Lack of knowledge of procedures for processing cash benefits to compensate for disability, disability pension, social services. Lack of knowledge of the benefits and discounts of the holder of a person with a disability. Lack of funds for rehabilitation, to satisfy basic necessities / clothing, accommodation, food /. The need for a

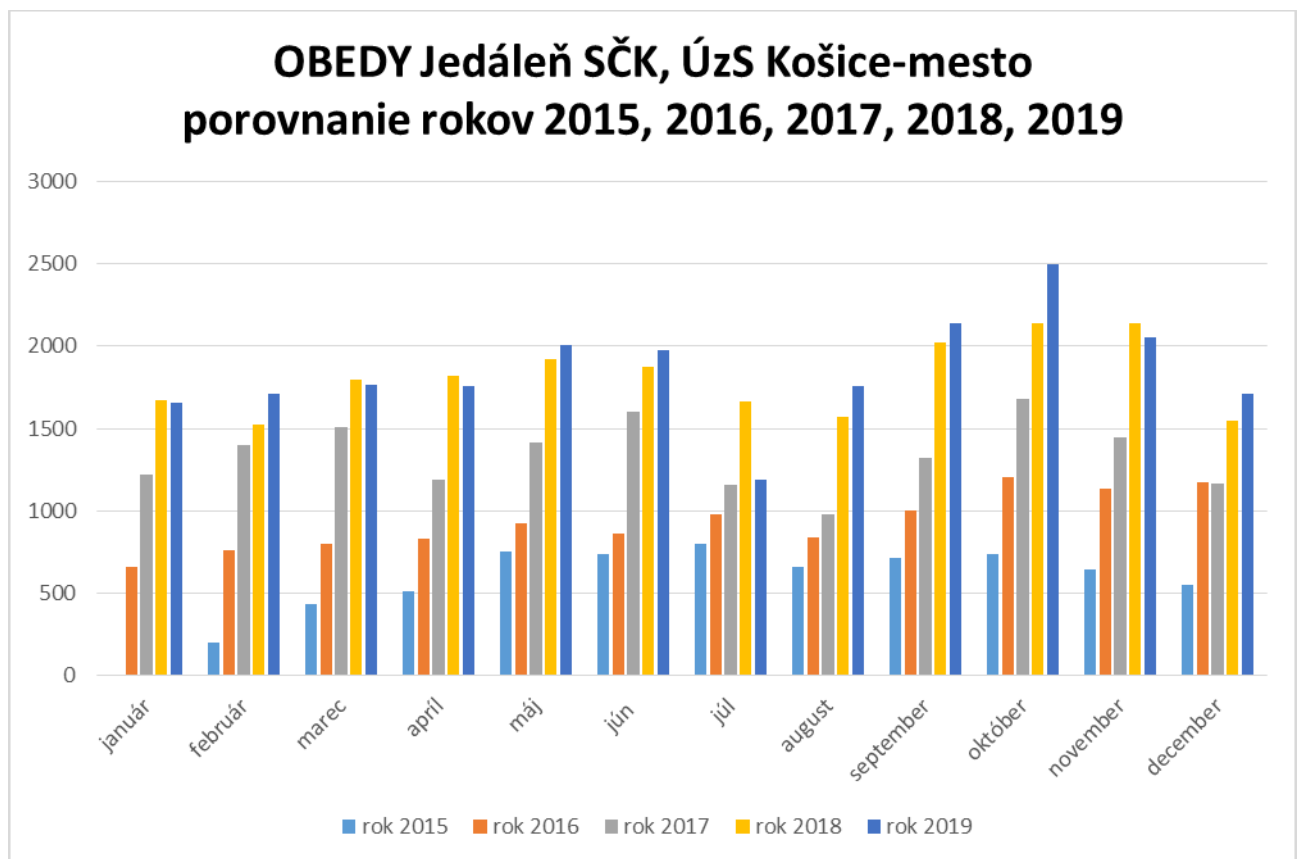
procedural caretaker. The need for professional assistance for people who are victims of abuse by a close person.

4.3 Care service

Care service in Košice and its surroundings, implemented as part of a national project. In the given year, a care service was provided to 10 people in an unfavorable state of health . **Number of caretakers: 4.** In the register of waiters for social service, we keep 61 applications from dependent citizens.

4.4 Canteen

22,215 healthy lunches for old-age and disability pensioners, people with impaired health, employees and the public were issued. In addition to lunch, the kitchen also provides a snack and drinks for recipients of the DSS social service, as well as refreshments for the ceremonial awarding of blood donors, in primary and secondary school first aid competitions, open door days in the SRC, educational courses, ...



Catering for seniors in the SRC canteen for a discounted price of 3,- eur is a social service registered in the register of Košice self-governing region social service providers. As of December 31, 2019, we have about 103 registered boarders.

5 Provision of health care

5.1 Outpatient clinic and facility of joint examination and treatment units (SVaLZ) of physiatry, balneology and medical rehabilitation (FBRL)

Registration of a health care provider - Košice self-governing region, Office for Health Care Supervision. Specialization: physiatry, balneology and medical rehabilitation.

MUDr. Katarína Šalamonová - responsible person - sees patients within the office hours: Tuesday and Thursday from 4 pm to 5 pm

In 2019, a total of 14,167 EUR was paid by all health insurance companies (services in the amount of: 18 312EUR). 21,458 euros were paid for TheraSuit. For Rehabilitation and Relaxation in 2019, 4239 euros were charged.

5.2 TheraSuit method

year	80 hours	40 hours	together
2015	8	2	10
2016	11	5	16
2017	29	17	46
2018	42	29	71

6 Crisis management and humanitarian aid

Crisis management creates conditions for securing resources - human, material and other, to solve crisis situations. SRC Territorial Association Košice - the city has a registered humanitarian unit. At the invitation of the District Office in Košice, we participate in the professional meeting of statutory representatives of the city of Košice, city districts of Košice, cooperative bodies of local state administration and selected legal entities and natural persons - entrepreneurs in the Košice district, organized by the Košice Crisis Management Department.

An information panel on the activities and services of the SRC territorial association and information on cooperation with the District Office in Košice is permanently installed at the Košice District Office for the general public.

Cooperation with the district directorate of the police force regional directorate of the police force in Košice ("Day 112", "Make the holidays green", examples of first aid: Traffic playground Alejová, district and regional round of the Young Rescuers CO competition, Motomeet Čermeľský kvet 2019, BECEP 2019, Traffic - preventive activity / World First aid Day)

Cooperation with volunteer cynologist rescuers: As part of the Practical Training of Rescue Dog Handlers, our volunteers acted as extras in the training of volunteer rescuers - cynologists. They then evaluated their performance and provided advice for improvement.

Search service: 5 requests to search for people

6.1 Humanitarian aid

In 2019, the list of members of the humanitarian unit was updated: 8 members

Kaufland food package - in cooperation with local associations, 13 packages were distributed to families in need.

Kaufland food collection - the collection was realized by members of local associations and the Youth movement. The storage and distribution of food took place in the premises of the SRC and local associations and so did the subsequent handover of food to recipients from socially disadvantaged backgrounds. 123 food packages were prepared and handed out. Cooperation with local associations, which collects food and delivers it to the socially weaker, has proved its worth. The Kaufland food collection was provided by volunteers, in cooperation with local associations and the Youth.

7 Communication

7.1 Promotion

* City-wide first aid competitions: sending a press release to regional media about city-wide first aid competitions for primary and secondary schools in Košice and promotion on our website, FB

http://kosice.redcross.sk/news/sutaz_druzstiev_pp_mladeze_-_vyhodnotenie

http://kosice.redcross.sk/news/sutaz_mladych_zdravotnikov_-_vyhodnotenie

* Good trolleybus: promotion of various activities of employees and volunteers of our association while riding in trolleybus and promotion on our website, FB

http://kosice.redcross.sk/news/dobry_trolejbus

* World Blood Donor Day and Memorial of MUDr. Harinek: sending a press release to the regional media, promotion on our website, FB

http://kosice.redcross.sk/news/memorial_mudr_vladimira_harineka

http://kosice.redcross.sk/news/vyhodnotenie_-_memorial_mudr_vladimira_harineka

* Preventive action BECEP in cooperation with district directorate of the police force regional directorate of the police force: promotion on our website, FB

http://kosice.redcross.sk/news/preventivna_akcia_becep

* Sending a press release on World First Aid Day to the media and promotion on our website, FB

http://kosice.redcross.sk/news/svetovy_den_sck_a_cp

* Publication of obtaining the certificate: We know this with volunteers!

http://kosice.redcross.sk/news/s_dobrovolnikmi_a_dobrovolnickami_to_vieme

* Regular update of the website and Facebook of the territorial association Košice-city

7.2 Partners

- ARCUS - Specialized facility and equipment for seniors Košice
- Facilitas, n.o. Košice
- Catholic Secondary Pedagogical School of St. Cyril and Methodius in Košice
- Kaufland
- TESCO
- Kia Motors Slovakia
- Košice self-governing region
- Regional and District Directorate of the Police Force in Košice
- City of Košice
- Ministry of Labour, Social Affairs and Family
- National Bank of Slovakia
- Hospital Košice - Šaca j.s.c., 1st private hospital, HTO Šaca
- NTS SR, workplace Košice
- Košice District Office
- Regional Office of Public Health in Košice
- Joint school, Vojenská ul. 13, Kosice
- Swiss Financial Mechanism (SFM) - Stiftung Wohnraum für jüngere Behinderte, Oberrieden, Switzerland - Housing for young people with disabilities
- Office of Labor, Social Affairs and Family, Košice
- Slovak Government Office
- Association of Medics of the City of Košice
- Individual donors, recipients of social services, family members and volunteers

Thank you all for your cooperation and of 2 or 3 percent tax donation.

8 Financial part

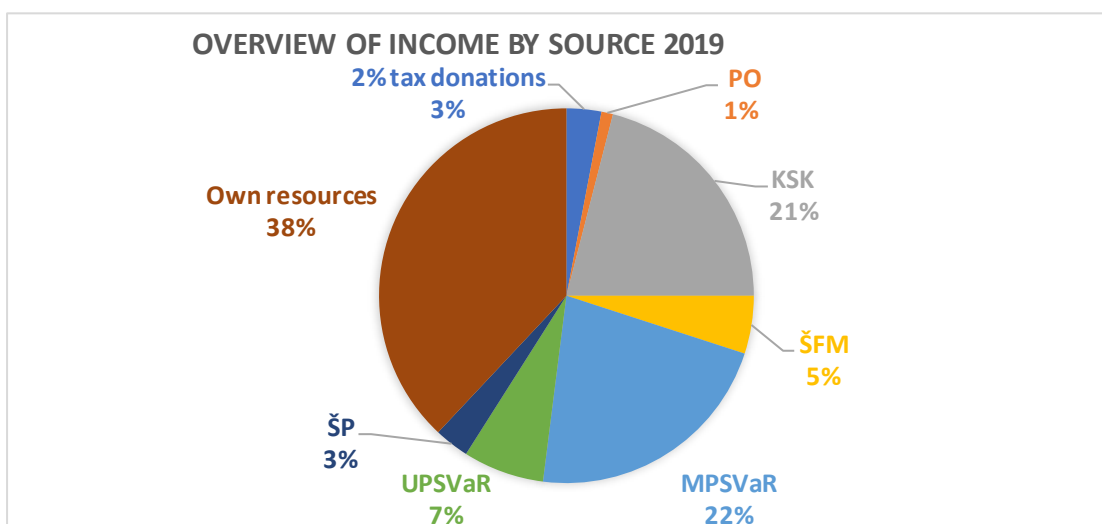
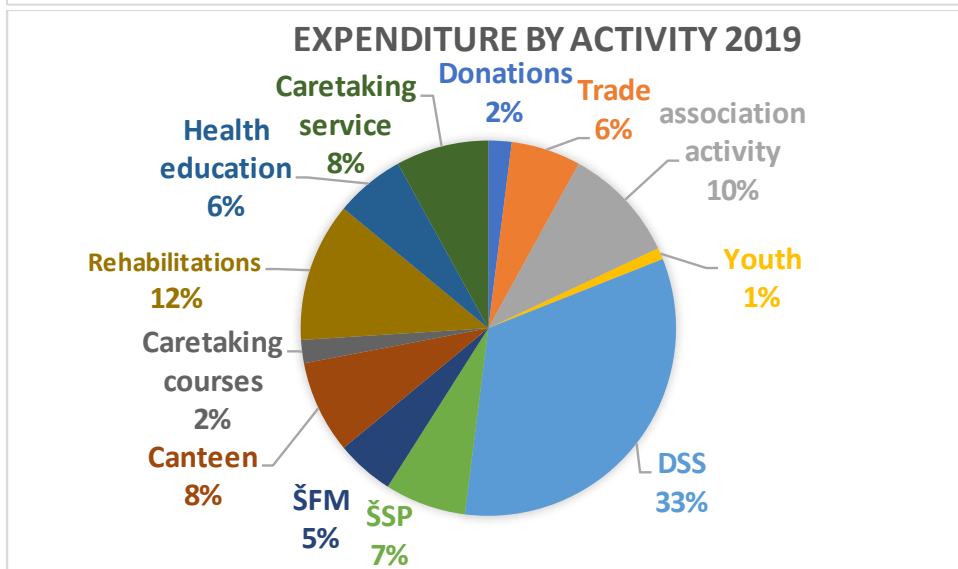
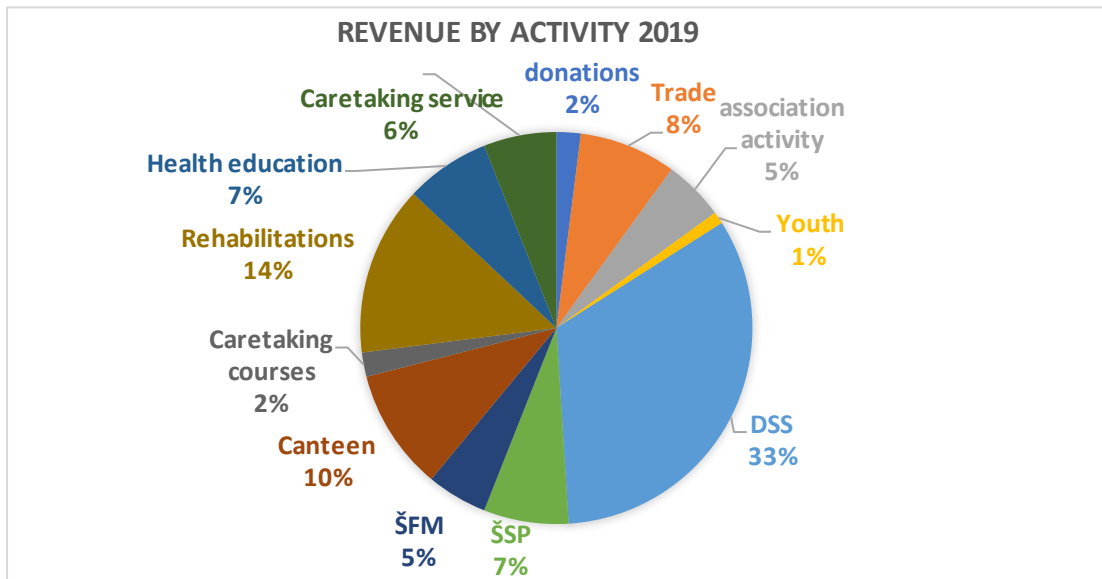
8.1 Annual financial statements, status and movement of assets and liabilities

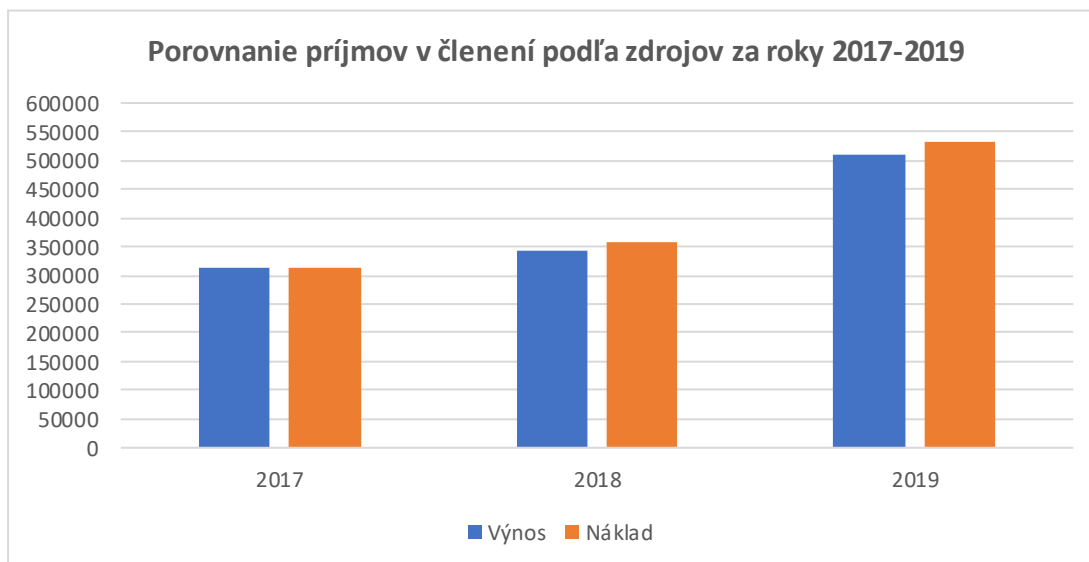
Annex no. 1 (Annual financial statements)

8.2 Auditor 's opinion on the financial statements

Annex no. 2 (Independent Auditor's Report)

8.3 Overview of revenue and expenditure broken down by activity and by source





The legend:

SFM - Swiss Financial Mechanism

ŠSP - Specialized social counseling

DSS - Home of Social Services

ŠP - state contribution

UPSVaR - Office of Labor, Social Affairs and Family

MPSVaR - Ministry of Labor, Social Affairs and Family

KSK - Košice self-governing region

PO - legal entity

8.4 Economically justified costs per PSS according to individual types of services per calendar year

Annex no. 3 (Calculation of economically justified costs, current expenditures and current revenues for 2019)