# CONCEPT OF DEVELOPMENT OF THE TERRITORIAL ASSOCIATION OF SRC KOŠICE - CITY for the years 2020-2025

# Slovak Red Cross (SRC), Territorial Association of Košice - City (ÚzS)

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#### **Function:**

SRC is an independent legal organization. It operates in accordance with Act No. 460/2007 Coll. on the Slovak Red Cross and on the protection of the emblem and name of the Red Cross and on the amendment of certain laws.

#### Mission and tasks of the SRC:

The basic mission of the SRC is to prevent and alleviate the suffering of people regardless of nationality, language, race, gender, religion, political beliefs and social status. The tasks are defined by the SRC Act, the SRC Statutes and the Strategy approved by the SRC Assembly.

## **Principles of Red Cross**

The SRC is guided by the principles of the Red Cross and Red Crescent Movement: humanity, impartiality, neutrality, independence, voluntariness, unity, universality.

## **Management of the SRC:**

We provide individual activities from various sources – Košice self governing region, Ministry of Labor and Social Affairs of the Slovak Republic, health insurance companies, Ministry of health state contribution, 2% of the tax from legal and natural persons, Ministry of Labor, Social Affairs and Family subsidies, projects, grants, collections.

## **Analytical part:**

# Strategic part, according to individual areas of activities of Territorial association SRC

#### 1. Local associations

Territorial association SRC Košice - the city consists of: 48 registered local associations. Membership is voluntary and carries both rights and obligations. Members agree with the seven principles of the Red Cross and Red Crescent. Local associations focus on awareness-raising activities on first aid, humanitarian aid and voluntary blood donations.

**The goal:** To increase the attractiveness and awareness of the activities of local SRC associations. Ensure the preparedness of members of local associations in case of emergencies.

#### **Activities:**

✓ Meet regularly with members of local associations, at least once a year.

- ✓ Make presentations for those interested volunteers with information about the SRC, twice a year.
- ✓ Announce a grant for local associations from the budget of Territorial association Košice-city, once a year for function, education and other activities.
- ✓ Carry out the awarding of blood donation awards directly in the community of the local association.
- ✓ Ensure the dissemination of the mission, tasks and principles of the Red Cross and the Red Crescent through local associations.
- ✓ Regularly send information about the implemented activities of the SRC in order to participate in the activities.
- ✓ In case of donations (financial, food, material ...) leave the part of distribution to local associations for their community, under pre-determined conditions.

## 2. Volunteering

The participation of volunteers from local associations, the SRC Youth and the general public, forms a significant part of the SRC's activities: supporting blood donation, first aid, social work, humanitarian activities and work with children and youth. In 2019, 57 Contracts on Volunteering were concluded. In 2019, almost 85 volunteers were active, working about 2,123 hours. The contribution of these people to society is invaluable and incalculable.

**The goal:** Increase the number of active SRC volunteers.

#### **Activities:**

- ✓ Ensure sufficient material resources for the work of volunteers.
- ✓ Provide volunteers with free education (from the SRC budget or from subsidies and grants).
- ✓ Provide premises in the SRC House for regular meetings of volunteers.
- ✓ To re-defend the certificate of obtaining the quality mark "We know it with volunteers" from the Platform of Volunteer Centers and Organizations obtained for a period of 3 years.
- ✓ Cooperate with the Volunteer Center of the Košice Region and the City of Košice.
- ✓ Annually implement the Open Doors Day in the SRC House and the SRC Volunteer Week in cooperation with volunteers.
- ✓ Award active volunteers, once a year.
- ✓ Make presentations for those interested volunteers with information about the SRC, twice a year.
- ✓ Ensure the dissemination of the mission, tasks and principles of the Red Cross and the Red Crescent through volunteers.

#### 3. SRC Youth

At present, the Youth movement under Territorial association Košice has 16 members. They are working on the following projects: Dorotka and her friends, HAP - high school training, We can do it together (facility for seniors in Barca - VIA LUX). They also cooperate in activities in the field of raising awareness about giving first aid for students and pupils, in the implementation of first aid competitions for schools.

**The goal:** To improve the activities of the SRC Youth movement under the Territorial association Košice - the city and to expand the membership base.

#### **Activities:**

- ✓ Ensure sufficient material resources for the work of Youth members.
- ✓ To provide free education to members of the Youth (from the SRC budget or from subsidies and grants).
- ✓ Provide premises in the SRC House for regular meetings of Youth members.
- ✓ Every year, hold an Open Doors Day in the SRC House and the SRC Volunteer Week in cooperation with members of the Youth movement.
- ✓ Ensure the implementation of at least 3 projects for communities in the city of Košice by members of the Youth.
- ✓ Collaborate on first aid awareness-raising activities.
- ✓ Co-organize first aid competitions for primary and secondary schools, once a year.
- ✓ Participate in the national competition for young health professionals a memorial to Dr. Harinek.
- ✓ Implement activities on the occasion of World First Aid Day and World Red Cross Day, for the general public.

# 4. Non - contributory blood donation

In accordance with the law and the contract with the Ministry of Health of the Slovak Republic, we organize and provide non-contributory blood donation in the city of Košice in cooperation with NTS Košice and HTO Šaca. We carry out the awarding of blood donors.

**The goal:** Raise awareness of non-contributory blood donation, especially among young people, ensure moral appreciation of blood donors and award the plaque of Dr. Jánsky and medal of Dr. Kňazovický.

#### **Activities:**

- ✓ Implement activities aimed at educating and acquiring blood donors, especially young people.
- ✓ Morally award non-contributory first-time donors, once a year.
- ✓ Carry out the ceremonial awarding of blood donors, award plaques of Dr. Jánsky and medals of Dr. Kňazovický, once a year.
- ✓ Participate in the national campaigns of Valentine's and Student's Drop of Blood.
- ✓ Collaborate with NTS and HTO.
- ✓ Implement activities on the occasion of World Blood Donor Day.

# 5. Education - courses

**The goal:** Implement quality courses for the public, schools, employers in accordance with the accreditation of the Ministry of Health of the Slovak Republic and the Ministry of Labor and Social Affairs of the Slovak Republic. Increase the number of course participants, thus contributing to the protection of public health and administering of first aid.

#### **Activities:**

- ✓ Provide material equipment for courses to the necessary extent.
- ✓ Use social networks and other marketing activities focused on course information.
- ✓ Implement activities on the occasion of World First Aid Day for the general public.

- ✓ In promoting first aid, cooperate with the Regional Public Health Office SR, Office of Labor, Social Affairs and Family Košice, the District Office of Košice, the Regional and District Directorate of the police force SR Košice.
- ✓ To ensure the dissemination of the mission, tasks and principles of the Red Cross and the Red Crescent through the implemented courses.

# 6. Social services registered in the Register of Social Service Providers in Košice self governing region:

**Home of social services -** outpatient form for children and young adults dependent on the help of another natural person, capacity 25.

Canteen - healthy lunches for old-age and disabled pensioners, people with adverse health conditions, employees and the public. In addition to lunch, the kitchen also provides snacks and water for recipients of the Home of social services social service on a daily basis.

**Specialized social counseling** - free counseling provided by 1 counselor on the basis of accreditation granted by the Ministry of Labor, Social Affairs and Family of the Slovak Republic for persons with severe disabilities or adverse health conditions dependent on the help of another natural person and for people in unfavorable situations and their family members.

**Nursing service** - provided in Košice and its surroundings, implemented as part of a national project. Number of caretakers: 10.

**The goal:** Provide quality social services in accordance with quality conditions. Ensure a high level of satisfaction of recipients of social services and their family members.

#### **Activities:**

- ✓ Implement and monitor quality conditions during provision of individual social services.
- ✓ Regularly measure the satisfaction of recipients of social services and obtain and subsequently implement proposals for improvement and change.
- ✓ Provide training and supervision of employees in the field of social services.
- ✓ Implement professional and high-quality individual activities in Home of social services.
- ✓ Implement external activities for recipients of social services in the Home of social services.
- ✓ Regularly meet with parents in the Home of social services, twice a year, including the preparation and evaluation of individual plans.
- ✓ Ensure a pleasant and safe environment for recipients of social services and family members.
- ✓ Cook in accordance with accepted principles of healthy cuisine.
- ✓ Increase and maintain the number of diners in the dining room.
- ✓ Ensure a pleasant and efficient environment in the dining room.
- ✓ Increase the number of specialized advisers to 3.
- ✓ Provide quality specialized social counseling in outpatient and field form.
- ✓ Use various modern possibilities of providing advice (by phone, e-mail, online, ...)

- ✓ Ensure the efficient use of carers' working time.
- ✓ Provide co-financing of the care service by the City of Košice.

## 7. Provision of health care

We provide health care in the outpatient clinic and facilities of the Joint Examination and Treatment Units (SVaLZ) of physiatry, balneology and medical rehabilitation (FBRL), which is registered as a health care provider - Košice self-governing region, Office for Health Care Supervision. Specialization field: physiatry, balneology and medical rehabilitation. MUDr. Katarína Šalamonová - the responsible person - sees patients within the office hours. We also implement the Therasuit method, especially for disabled children and young people.

**The goal:** Provide quality social services in accordance with quality conditions. Ensure a high level of satisfaction of recipients of social services and their family members.

#### **Activities:**

- ✓ Provide quality health services.
- ✓ Measure patient satisfaction regularly.
- ✓ Create and maintain a pleasant atmosphere in the outpatient clinic and waiting room for patients.
- ✓ Increase the contracted limits of health insurance companies.
- ✓ Provide quality devices and equipment necessary for quality and modern provision of health services.

# 8. Humanitarian aid

We cooperate in the organization, provision and mediation of humanitarian aid in emergencies on the initiative of the relevant authorities, or on the basis of our own decision. Requests for the search service are forwarded to the SRC Headquarters.

**The goal:** Implement quality courses for the public, schools, employers in accordance with the accreditation of the Ministry of Health of the Slovak Republic and the Ministry of Labor and Social Affairs of the Slovak Republic. Increase the number of course participants, thus contributing to the protection of public health and administering of first aid.

#### Activities

- ✓ Cooperate in the preparation and actively participate in the Competition of Young Rescuers of Civil Protection (organized by the District Office of Košice)
- ✓ Activate volunteers and, if necessary, ensure the participation of volunteers in the implementation of tasks in the event of an emergency.
- ✓ Implement food and financial donations for people in an unfavorable situation, once a year.
- ✓ Prepare first aid teams for the purpose of participating in the national competition for young health professionals memorial of Dr. Harinek.

Prepared by: employees of Territorial association Košice - city SRC, April 2020